





# OCEAN SAFETY

Hanauma Bay Nature Preserve is one of the most popular recreational swimming, snorkeling, and diving and picnicking areas in Hawaii. The bay is legally designated as a State Underwater Park and Conservation District.

Please heed all posted warnings. Your life could depend on it!

**HERE ARE SOME BASIC OCEAN SAFETY TIPS** that you can use at all shoreline areas:



- Swim in lifeguarded areas.
- Never swim alone.
- Don't dive into unknown water or into shallow breaking waves.
- Ask a lifeguard about beach and surf conditions before swimming.
- If you are unable to swim out of a strong current, signal for help.
- Rely on your swimming ability rather than a flotation device.
- Look for, read and obey all beach safety signs and symbols.

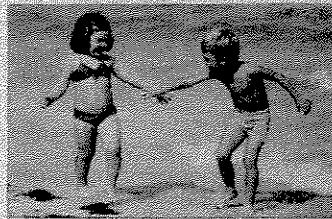
**IF IN DOUBT, JUST STAY OUT!**

## Safety Checklist for Parents

- Supervise all young children while they are in, on, or near the water.
- Drownings and near-drownings occur in familiar surroundings during very short lapses in supervision. Many of these incidents at Hanauma Bay happen in shallow water close to shore.
- Do not have older siblings watch younger children in the water. They are not trained or mature enough to be given such a responsibility.
- Do not rely on flotation devices or swimming lessons to protect a child. Children are not waterproof.
- Take a CPR course. Know what to do in case of an emergency.

*When there's an emergency notify a lifeguard immediately. They are found in the orange towers at the beach.*

***Please take very special care of children.***



They should always be supervised at the beach and in the ocean by their parents or adult guardians. Lifeguards are not substitute babysitters -- their responsibility includes the entire beach.

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